



# Individual Medical & Dental Plans

**A**re you between jobs and concerned about medical or dental coverage? Perhaps you're self employed? Are you planning retirement, but too young for Medicare? Maybe you have a grown child that is ready to leave the nest and is no longer eligible on your group policy.

ALBERS & COMPANY, INC. can provide you with the information you need to make the transition to an individual plan. You may want to take advantage of the tax savings with a Health Saving Account Plan, or maybe you are just looking to cover major expenses by purchasing a more affordable catastrophic plan.

Regardless of which carrier you choose, you will need to fill out a WA State Healthrisk Questionnaire to submit along with your application. Each carrier screens the questionnaire using the same criteria. If you are declined, you may be eligible for the Washington State's Health Insurance Pool (WSHIP). [Click here](#) for the Health Risk Questionnaire. Applications will not be processed without the Questionnaire.

You may contact the [Washington State Insurance Commissioner](#) for a complete list of licensed carriers who currently offer individual insurance. Here is a list of some of those carriers. [Click here](#) for a brief comparison of these carriers' plans:

*ALBERS & COMPANY, INC. is here to help with the transition to an individual plan that's just right for you...give us a call!*

	Customer Service	Individual Medical	Short term Medical (30 -365 days)	Individual Dental
<a href="#">Assurant Health</a>	1-800-553-7654 (Individual Medical) 1-800-800-2412 (Short Term Medical)	<a href="#">Apply online!</a>	<a href="#">Apply online!</a>	
<a href="#">Dental Health Services</a>	800-637-6453			<a href="#">Contact us to apply</a>
<a href="#">Delta Dental Patient Direct</a>	800-456-5927			<a href="#">Contact us to apply</a>
<a href="#">Group Health Cooperative</a>	800-358-8815	<a href="#">Apply online!</a>		<a href="#">Apply online!</a>
<a href="#">KPS Health Plans</a>	800-628-3753	<a href="#">Contact us to apply</a>		
<a href="#">LifeWise Health Plan of Washington</a>	800-592-6804	<a href="#">Apply online!</a>		
<a href="#">Premera Blue Cross</a>	800-345-6784	<a href="#">Apply online!</a>		
<a href="#">Stars Dental</a>				
<ul style="list-style-type: none"> <li>• PrimeStar</li> <li>• PrimeStar Classic</li> <li>• Prime Star Platinum (for Seniors)</li> </ul>	866-847-1120			<ul style="list-style-type: none"> <li>• <a href="#">Apply Online!</a></li> <li>• <a href="#">Apply Online!</a></li> <li>• <a href="#">Apply Online!</a></li> </ul>
<a href="#">Regence BlueShield</a>	800-458-3523	<a href="#">Apply online!</a>		<a href="#">Apply Online!</a>
<a href="#">Regence Life and Health</a>	800-286-1129		<a href="#">Apply Online!</a>	<a href="#">Apply Online!</a>
<a href="#">Washington State Health Insurance Pool</a>	800-877-5187	<a href="#">Contact us to apply</a>		

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